

Our Managing Director
Mr. DARSHAN AURORA
Former Mr. India & International Judge



Darshan Health Club

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DARSHAN HEALTH CLUB

Est. Since 1983



The most professional fitness centre
“Where health is a passion”



DARSHAN HEALTH CLUB



We would like to introduce ourselves as one of the most professional and dedicated health clubs, established since 1983 making the lives of thousands of people healthier and happier through our commitment towards fitness in all these years.

Personally supervised by the Managing Directors:

Mr. Darshan Aurora Former Mr. India & International Judge

Mr. Siddharth Aurora Qualified Physical Culturist

International Martial Arts Student of the year 2004
(United States Martial Arts Association)

2nd Degree - American Black Belt & Advanced Commando Combat System

Our club is fully equipped with all high-tech imported cardio-vascular fitness and strength Training machines and free weights spread over a well ambience 4000 square ft. area, centrally air-conditioned keeping hygiene at utmost importance.

At DHC you get **PERSONAL ATTENTION** from the Managing Directors themselves guiding you all the way to the path of fitness, the members are not solely dependent on instructors, every member is taken care of equally in all regards.
We Guarantee that!

Our Mission:

To improve the health and quality of life for people through our personalized, accessible wellness programs



DARSHAN HEALTH CLUB



MEMBERSHIP PLANS

Our Membership plans include combinations of different facilities & period viz...

- ▶ Gym
- ▶ Cardio + Steam
- ▶ Gym + Cardio
- ▶ Complete Health Club Facilities (C.H.C.)
- ▶ Gym + Steam
- ▶ Personal Training

(All facilities are available in Monthly, Quarterly, Half Yearly & Yearly period)

Membership Plans available in different packages viz...
Single, Couple, Group, Corporate

WEIGHT MANAGEMENT PROGRAM

Join DHC's new program which strikes the perfect balance between nutrition, exercise and support and it will be tailored to your goals, your lifestyle, your needs and your schedules & preferences.

Get a taste of Total Fitness - on your terms. By signing up for any membership plan today, you can experience all that dhc has to offer. Kick start your transformation to "the new you" with a focused, one-on-one personal training session. Access essential tools that will guide your journey on the path to total fitness.

PERSONAL TRAINING

- One on One Training
- Individualized Programs
- Advanced Diet Plans
- Increased Motivation Levels
- Regular Nutritional Counseling
- & Above all you get better & faster **GUARANTEED RESULTS**

WORKOUT PROGRAMS

People want different results from a workout. You may want to slim down, work off stress, increase your energy level or just feel better about yourself. DHC searches high and low for the best workouts for your body and lifestyle.
Try the workouts developed by the experts at DHC with the unique needs of our different members in mind.